

# [gd']

mind body spirit

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## PROFILE

**Psycho-Spiritual Therapist**  
(5 years experience)

## PROFESSIONAL DEVELOPMENT

**Psycho-Spiritual Therapist (2003-present)**  
Self Employed

**GD Therapy**  
6856 St. Laurent blvd. suite 203  
Montreal, Québec H2S 3C7

## CERTIFIED SKILLS

Mindful Meditation  
Guided Imagery  
Sound Therapy  
Applied Kinesiology  
Sports Psychology  
Intuitive Healing  
Depression  
Panic Attacks

Couples Therapy  
Stress Management  
Balancing via Chakra System  
Cognitive - Behavioral Therapy  
Reiki 1  
Energetic Healing  
Anxiety Disorders  
Fear and Phobias

